



## April 10th - Palm Sunday

Almsgiving, which means the giving of money or food to those in need, is another traditional Lenten practice.

This, too, is relevant for us today during Lent—and all year long—because it is how we recognize that we aren't the only ones who are vulnerable. The world is full of others just like us in our lacking. They may be vulnerable in different ways than we are, but by reaching out to them in their need, we bear witness to their pain. By standing in solidarity with their brokenness, we take steps toward being healed of our own.

“Dust to Dust: An Ash Wednesday Reflection”  
- Franciscan Media, February 2021



40 DAYS  
From Brokenness to Fullness



Palm Sunday