

Who We Are

Rachel's Vineyard weekends for healing are offered in hundreds of locations across North America and in many countries throughout the world. The movement was founded by Dr. Theresa Burke and Kevin Burke, LSW and is a ministry of Priests for Life.

Rachel's Vineyard offers Leadership Conferences and clinical training resources for many post-abortion and miscarriage ministries including Family Life offices, Project Rachel and numerous faith-based organizations. Our retreats are held in both Catholic and Interdenominational settings.

Helpful Resources:



Forbidden Grief:

The Unspoken Pain of Abortion

This book is considered the definitive work on traumatic reactions following abortion. Written by the founder of Rachel's Vineyard Dr. Theresa Burke.

Redeeming a Father's Heart

In this book men share powerful stories of abortion loss and recovery. Written by Kevin Burke, LSW.

After Miscarriage: A Catholic Woman's Companion to Hope & Healing

Offering solace and wisdom, Karen Edmisten shares her own story and thoughts from other women who have miscarried. Written by Karen Edmisten.

All books available on Amazon.com

Weekends for Healing

After Abortion or Miscarriage

Retreats are held every weekend throughout the United States and internationally. For more information and a complete listing of Rachel's Vineyard Weekends, please visit our website:

www.rachelsvineyard.org

If you or someone you love is hurting from an abortion or miscarriage, please call our toll-free national hotline today:

1-877-HOPE-4-ME
(1-877-467-3463)

Local site sponsored by:



DIocese OF
PALM BEACH



Serving South Florida

Diocese of Palm Beach - Family Life Office

Telephone: 561-775-9551

Email: rachelsvineyard@diocesepb.org

Rachel's Vineyard

Healing the Pain of
Abortion or Miscarriage
One Weekend at a Time



The world's largest ministry for healing
after abortion or miscarriage

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www.rachelsvineyard.org



"Therapy for the Soul"

Healing the Pain of Abortion or Miscarriage,
One Weekend at a Time

Rachel's Vineyard weekends are a beautiful opportunity for both women and men who have struggled with the emotional or spiritual pain of abortion or miscarriage.

The weekend is specially designed to help you experience the mercy and compassion of God. It is also an opportunity to surface and release repressed feelings of anger, shame, guilt, and grief. Each weekend is run by volunteers who care deeply about your needs. Many of the facilitators have suffered the same loss.

The weekend is a chance to get away from daily pressures to focus on the buried emotions of the past in light of present symptoms and begin healing through a supportive trauma-sensitive process.

Rachel's Vineyard provides a non-judgmental, safe environment. The weekend will help your soul find a voice, and transform the pain of the past into hope and love.

You are NOT Alone...

Every year men and women suffer the after-effects of abortion or miscarriage which can include:

- Bouts of crying
- Eating disorders
- Depression
- Guilt
- Intense grief / sadness
- Anger / rage
- Emotional numbness
- Lowered self-esteem
- Drug and alcohol abuse
- Flashbacks / nightmares
- Suicidal urges
- Fear of pregnancy / pregnant women
- Anxiety / panic attacks
- Repeat abortions / crisis pregnancies
- Difficulty with relationships
- Inability to forgive self or others
- Fear of punishment from God

"I cannot think of another work of this kind so well done. A most difficult and painful human problem is engaged with faith, psychological insight and trust."

~ Fr. Benedict Groeschel, CFR
Psychologist and Spiritual Director

"I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness."

~ Saint Teresa of Calcutta

What People are Saying

"I experienced a great inner healing as a result of attending the Rachel's Vineyard Weekend. I highly recommend this program to anyone who has felt the void and shame of the abortion experience. It is wonderful to forgive yourself, find the unconditional love of Christ and grieve the loss of your little child."

~ Isabelle, Participant

"I have been through 14 years of therapy and anti-depressants. I've confessed my abortion a hundred times. Just when I thought I could take the pain no longer, I found Rachel's Vineyard. This weekend literally saved my life."

~ Mary C., Participant

"I never knew my wife had suffered so much pain over an abortion she had before I met her. It was a real eye opener to attend the Rachel's Vineyard Weekend with her and offer my support in an area of her life where there was so much secret grief. Our marriage has truly been blessed. We are closer now than we have ever been."

~ John S., Participant

"I received the greatest blessing during the Rachel's Vineyard retreat for healing from my miscarriage. Through the power of forgiveness toward my husband, our marriage was saved from divorce. We now live in true peace and joy. I thank the Lord God Almighty for restoring our family and for the caring and loving Rachel's Vineyard team. Jesus I trust in you."

~ Leona R., Participant